**Engaging Individuals with a Substance Use Challenge:**

**Brief Self-Assessment**

Instructions: Please take a few minutes to complete the brief assessment below. If you are comfortable doing so, process your responses with a neighbor.

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| **Statement** | **Strongly Agree** | **Agree** | **Disagree** | **Strongly Disagree** |
| Although I don't necessarily agree with them, sometimes I have prejudiced feelings (like gut reactions or spontaneous thoughts) toward persons with substance use challenges that I don't feel I can prevent. |  |  |  |  |
| I understand the experience of being stigmatized as a person with a substance use challenge. |  |  |  |  |
| It is not appropriate for me to talk about substance and alcohol use with clients. |  |  |  |  |
| I trust persons with a substance use challenge just as much as I trust persons without a substance use challenge. |  |  |  |  |
| If a woman is pregnant, she has a responsibility to stop taking drugs. |  |  |  |  |
| I know how to avoid language that stigmatizes persons with substance use disorder. |  |  |  |  |
| Although it is hard to admit, I sometimes judge people who cannot stop using drugs. |  |  |  |  |
| When interacting with a person with a substance use disorder, I feel worried. |  |  |  |  |
| When interacting with a person with a substance use disorder, I feel threatened. |  |  |  |  |
| When interacting with a person with a substance use disorder, I feel uncertain. |  |  |  |  |

What observations did you make in your responses?

Based on your responses, how prepared are you to discuss a client’s substance use challenges in an unbiased manner?