



Let's Talk About Sex...Education!

Best Practices for Inclusivity: Pregnant and Parenting Students

April 1, 2020

*Introduce yourself
in the chat box!!*

Hosted by Heidi Winig, MEd, MPH
Cardea Services

I will be recording this call starting now



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Welcome!



Heidi Winig



Trinity Wallace-Ellis



Sarah Villa



Amelia Hamiter

Cardea Services

WISE

Let's Talk about Sex...Ed!

Sex Ed Helpline

FOUNDATIONS
CORE SKILLS TRAINING FOR SEX ED

WISEtoolkit
Working to Institutionalize Sex Ed (WISE)
A national initiative that supports school districts in implementing sex education.

The Toolkit
A compilation of experience-based best practices... We call this approach the "WISE" model... that sex education is an ongoing part of a school's curriculum.

CARDEA
Training | Organizational Development | Research and Evaluation
For more than 40 years, we have strived to improve organizations' abilities to deliver accessible, high quality, culturally proficient, and compassionate services to their clients.

Puberty: the Wonder Years
Wendy L. Sellers, RN, MA, CPC
2014
I Wonder How Things Work
Promoting Appreciation and Respect for the Amazing Changes Experienced by Self and Others

Rights, Respect, Responsibility: A K-12 Sexuality Education Curriculum
ELEMENTARY LESSONS
ADVOCATES FOR YOUTH ONLINE

Sexual Health Education for America's Youth
CURRICULUM AND TEACHER'S GUIDE

Let's Talk About Sex... Education!

Zoom calls designed for educators to have access to experts and thought-leaders in sex education

“Light touch” informal PD that is convenient for educators

Let us know how to support you!

- Timing
- Future topics



Agreements



- BRAVE, non-judgmental and safe space
- Participate at your own comfort level
- All questions are welcome

Questions? Choose Your Adventure!



- Type your question into the chat box
- Raise your hand in the participant box
- Send an anonymous question through private chat to Heidi Winig with ANONYMOUS at the top and I'll post it for you anonymously
- Let us know you want to ask a question out loud and we'll unmute you!

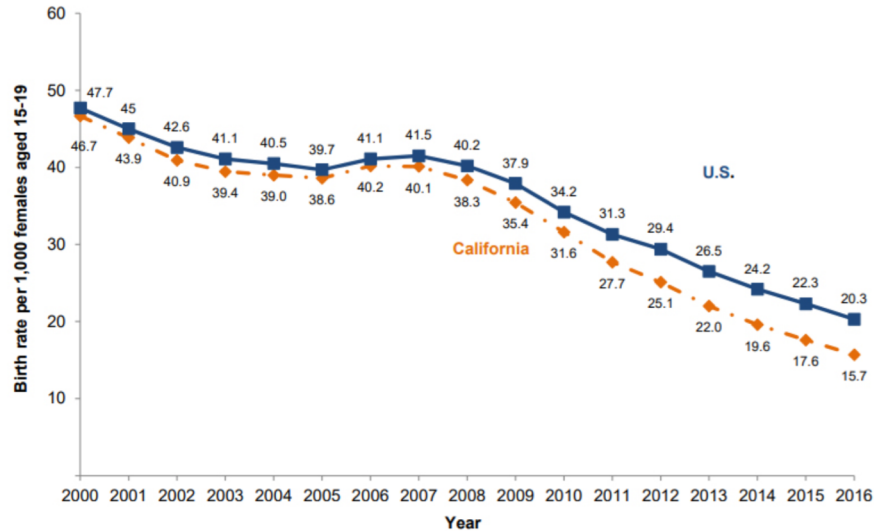


Workshop Overview

- Introductions
- Policy and Statistics- what do we think we know?
- Strategies for inclusive sexual health conversations
- Your questions and ideas
- Next Steps and Evaluation

Does this look familiar?

Birth Rates, Females Aged 15-19: California and U.S., 2000-2016



California data sources: Births: 2000-2016, *Birth Statistical Master File*, California Department of Public Health, Center for Health Statistics and Informatics. Population: 2000-2009, State of California, Department of Finance, *Race/Hispanics Population with Age and Gender Detail, 2000-2010*. Sacramento, California, September 2012. Population: 2010-2016, California Department of Finance, Demographic Research Unit. 2018, *State and county population projections 2010-2060* [P-3: State and County Projections Dataset]. Sacramento: California Department of Finance. January 2018. U.S. data source: 2000-2015, Martin JA, Hamilton BE, Osterman MJ, et al. Births: Final data for 2015. NVSR 66(1). 2016, Martin JA, Hamilton BE, Osterman MJ, et al. Births: Final data for 2016. NVSR 67(1). Hyattsville, MD: National Center for Health Statistics. 2017 and 2018. Note: The

ThePregnancyZone.com



TEEN PREGNANCY FACTS & STATISTICS

The Teen Pregnancy Facts and statistics depicted below reflect the incidences in the US and deal with, among others, unplanned pregnancies, abortions and the consequent healthcare risks.

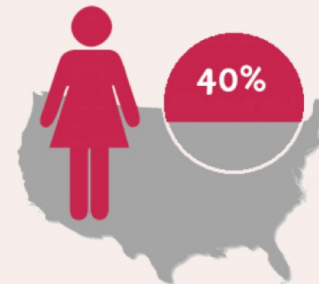


Around **85%** of teen pregnancies are unplanned.

7.2% of those teens receive no medical care.



Around **700,000** teens between ages **17** & **19** become pregnant each year.



Roughly, **40%** of females in the **US** become pregnant before they reach **20** yrs of age.

Half of these pregnant teens give birth each year, while around **45%** have abortions.

Common Ideas about Pregnant and Parenting Teens

The pregnancy was unplanned or “unwanted”

The couple will not stay together/ the father will not be involved

The mom will get pregnant again within the next few years

The child will not be well cared for

The mom will not finish high school or go to college

The mom will influence other girls to get pregnant if the mom gets lots of attention

Let's shift the dialogue and move
from shaming images and
messages to empowerment and
future-focused thinking

It's as if parents-- biological and chosen, teen and non-teen-- are not changing the world every day, even when they are changing diapers.

A photograph of Carly Rae Jepsen, a young woman with dark, wavy hair and bangs, wearing a bright pink sleeveless top. She is looking over her shoulder towards the camera with a slight smile. In the top left corner of the image, there are social media handles: a Facebook icon followed by /CandiesFoundation and a Twitter icon followed by /CandiesOrg.

[/CandiesFoundation](#)
[/CandiesOrg](#)

**YOU'RE SUPPOSED TO BE
CHANGING THE WORLD...
NOT CHANGING DIAPERS.**

A white wooden baby crib with vertical slats and a mattress inside, positioned on wheels.

Nearly 750,000 teenage girls
will become pregnant this year.
Change it! #NoTeenPreg

Carly Rae Jepsen

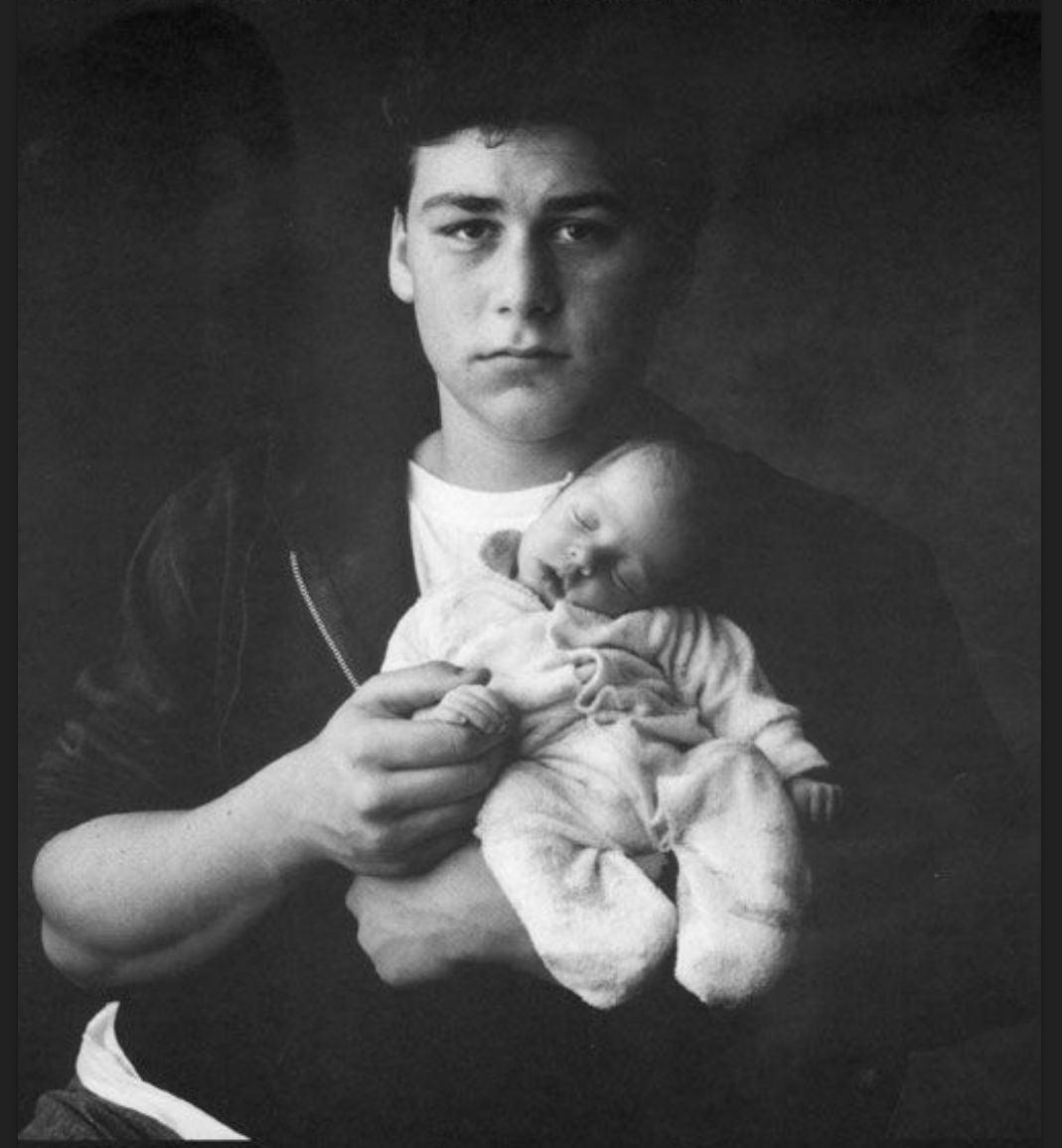
thecandiesfoundation.org

What if teenage parents were told they are capable of making a difference in the world, and are doing so by providing the support their child needs, even with the odds stacked up against them?



What messaging shines through in your selected curriculum? How might that messaging shame? How might it empower?

**AN EXTRA SEVEN POUNDS COULD
KEEP YOU OFF THE FOOTBALL TEAM.**



Become a father before you're ready and you may always wonder what else you could have been.

THE CHILDREN'S DEFENSE FUND

What if teenage parents
received the same love
and support other mothers
get through ads and
advocacy campaigns?



© 2007 The Candie's Foundation

**"NOT REALLY THE
WAY YOU PICTURED
YOUR FIRST CRIB, HUH?"**

Get Pregnant, and you won't be moving out
of your parents house anytime soon.



thecandiesfoundation.org

CIARA

THE CANDIE'S FOUNDATION
Providing information about the devastating
consequences of teen pregnancy.

 **PAUSE**
BEFORE YOU PLAY

What if teen parents received an abundance of love, support and encouragement, that created so much overflow, they were able to give the excess to their children?

The image displays four posters arranged in a 2x2 grid, each featuring a different child and a message about the financial and educational consequences of teen pregnancy. Each poster includes the NYC Department of Social Services logo and a QR code.

- Top Left:** A young girl with curly hair and a purple bow. Text: "Got a good job? I cost thousands of dollars each year." Yellow banner: "THINK BEING A TEEN PARENT WON'T COST YOU? EXPECT TO SPEND MORE THAN \$10,000 A YEAR TO RAISE A CHILD." Text at bottom: "Text 'WOTNOW' to 877677 for the real price of teen pregnancy. NY State law requires a parent to pay child support until a child is 21."
- Top Right:** A young boy with curly hair. Text: "Dad, you'll be paying to support me for the next 20 years." Yellow banner: "THINK BEING A TEEN PARENT WON'T COST YOU? NY STATE LAW REQUIRES A PARENT TO PAY CHILD SUPPORT UNTIL A CHILD IS 21." Text at bottom: "Text 'WOTNOW' to 877677 for the real price of teen pregnancy. NY State law requires a parent to pay child support until a child is 21."
- Bottom Left:** A young girl with dark hair in a bun. Text: "Honestly Mom... chances are he won't stay with you. What happens to me?" Yellow banner: "ARE YOU READY TO RAISE A CHILD BY YOURSELF? 90% OF TEEN PARENTS DON'T MARRY EACH OTHER." Text at bottom: "Text 'WOTNOW' to 877677 for the real price of teen pregnancy. NY State law requires a parent to pay child support until a child is 21."
- Bottom Right:** A young boy with curly hair, looking sad. Text: "I'm twice as likely not to graduate high school because you had me as a teen." Yellow banner: "KIDS OF TEEN MOMS ARE TWICE AS LIKELY NOT TO GRADUATE THAN KIDS WHOSE MOMS WERE OVER AGE 22." Text at bottom: "Text 'WOTNOW' to 877677 for the real price of teen pregnancy. NY State law requires a parent to pay child support until a child is 21."

Moving Forward...

- Appreciate and acknowledge that all parents and caregivers are doing the most important job just by caring for a loving their child unconditionally
- Language matters
- One person can make a difference
- Offer unconditional support
- Research and disseminate local resources
 - California Latinas for Reproductive Justice
 - Teen Success, Inc

Closing thoughts...

- All it takes is ONE “believing mirror” to help promote resilience in someone’s life.

You're imperfect, and
you're wired for struggle, but
YOU ARE WORTHY
of love and belonging.

Brené Brown



SOL
OM.SYMPHONYOFLOVE.NET
Photo by Katalin Kelenen

Please fill out our evaluation

○ <https://www.surveygizmo.com/s3/4774299/Let-s-Talk-About-Sex-Ed-Survey>



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