



# Let's Talk About Sex...Education!

**Incorporating Messages of Consent  
into the Curriculum**

**March 13, 2019**

Hosted by Heidi Winig, Cardea Services

Guest Presenters: Gina Lepore, ETR Associates

Ilsa Bertolini, Sean Gleason, Oakland Unified School District



# ***Welcome!***



**Heidi Winig**



**Gina Lepore**



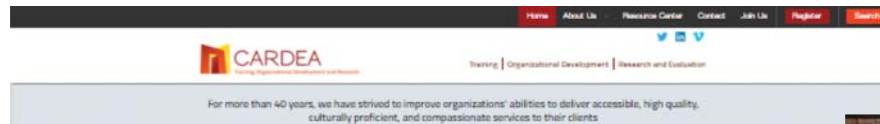
**Leonida Radford**



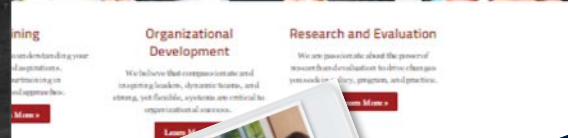
**Ilsa Bertolini**



# Cardea Services



Bay Area Communities for Health Education (BACHE) is parents and schools working together for comprehensive sexuality education





# Let's Talk About Sex... Education!

Zoom calls designed for educators to have access to experts and thought-leaders in sex education

“Light touch” informal PD that is convenient for educators

Let us know how to support you!

- Timing
- Future topics





# Agenda

- Introductions
- Overview of “Affirmative Consent”
  - Ed code and requirements
  - New ways of thinking
- Lessons from the field and brief review of resources
- Your questions and ideas
- Next Steps and Evaluation



# Welcome to the community!

In the chat box, please tell us:

- Your name
- Your organization/ school/ district
- Ages/ grades you teach
- You can participate at whatever level feels comfortable



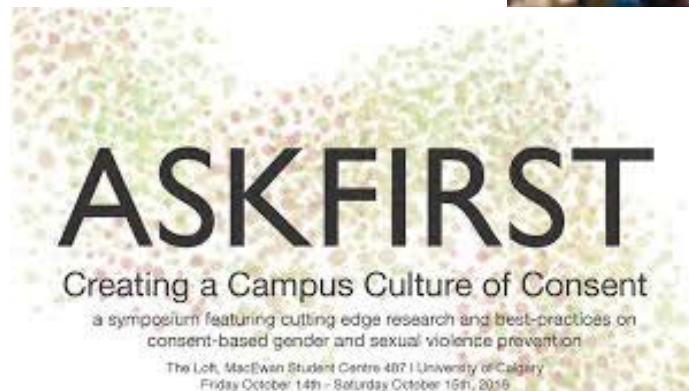
# Questions? Choose Your Adventure!

- Type your question into the chat box
- Send an anonymous question to Leonida Radford or Heidi Winig with ANONYMOUS at the top and we'll post it for you anonymously
- Let us know you want to ask a question out loud and we'll unmute you!





# We're changing a culture- but how?





# On the policy level

CA Healthy Youth Act (for Middle and High School) requires content that covers:

- **RELATIONSHIPS:** Teaches the value of and prepares students to form and maintain healthy, committed relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation. EC §§ 51933(f), (g).
- **SEXUAL ABUSE AND VIOLENCE:** Includes information about sexual abuse, sexual assault, adolescent relationship abuse, and intimate partner violence. EC §§ 51934(a)(10), (11).
- **SEXUAL HARASSMENT** Includes information about sexual harassment. EC § 51934(a)(10).



# On the policy level

For CA Colleges that receive state funding:

- Affirmative Consent Laws: **SB-967 Student safety: sexual assault**
- Section 67386: In order to receive state funds for student financial assistance, the governing board of each community college district... shall adopt a policy concerning sexual assault, domestic violence, dating violence, and stalking ...involving a student, both on and off campus. The policy shall include all of the following:



“An affirmative consent standard in the determination of whether consent was given by both parties to sexual activity. **“Affirmative consent” means affirmative, conscious, and voluntary agreement to engage in sexual activity.** It is the responsibility of each person involved in the sexual activity to ensure that he or she has the affirmative consent of the other or others to engage in the sexual activity. **Lack of protest or resistance does not mean consent, nor does silence mean consent.** Affirmative consent must be **ongoing throughout a sexual activity and can be revoked at any time.** The existence of a dating relationship between the persons involved, or the fact of past sexual relations between them, should never by itself be assumed to be an indicator of consent.”

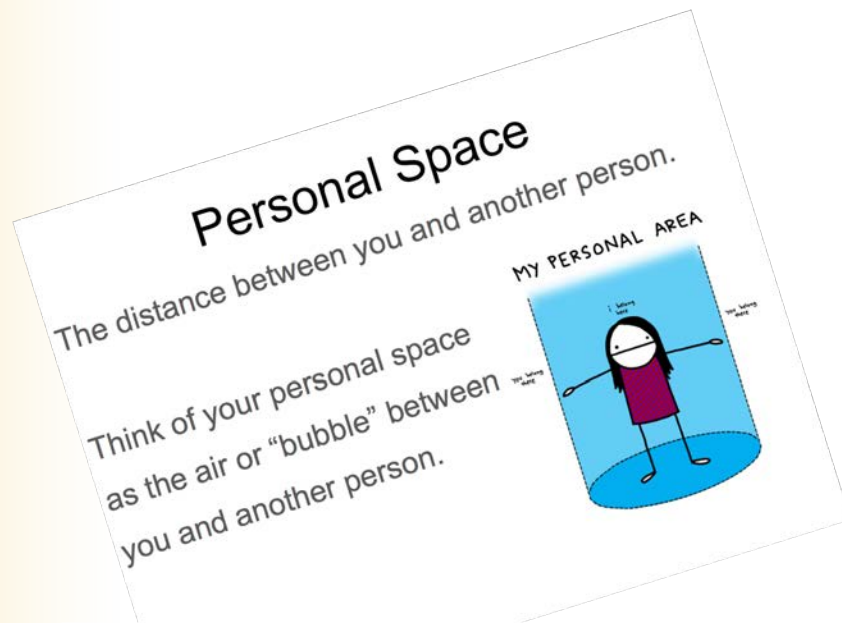


# Teach Consent at All Ages and Stages





# Consent for 4<sup>th</sup> and 5<sup>th</sup> graders

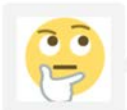


**Consent** is when a person agrees or gives permission to a certain action.

## How to ask for **Consent**

**What are some ways we can ask for consent?**

- Can I...
- Would it be ok if I...
- Is this ok?
- Is this still ok?



## How to give **Consent**

**What are some ways we can give our consent**

- Yes!
- Sure!
- I like it when you...
- Okay!
- I'll allow that.





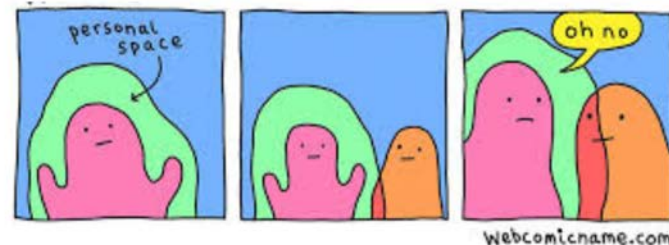
# Consent for 4<sup>th</sup> and 5<sup>th</sup> graders

Without **consent**, you risk **sexually harassing** or hurting someone.



Raise a quiet hand or turn and talk:

- What does it **feel like** when someone **does not respect** our **personal space**?
- Why is it a rule that we can't harass or sexually harass people?





# Consent for Kids

- Use examples on the playground and in the classroom





# Middle School Examples

- Asking students to define consent and give examples of how it shows up for them
- Amaze videos [here](#)
- [Love is Respect](#)
- [Teachconsent.org](#) video and discussion guide



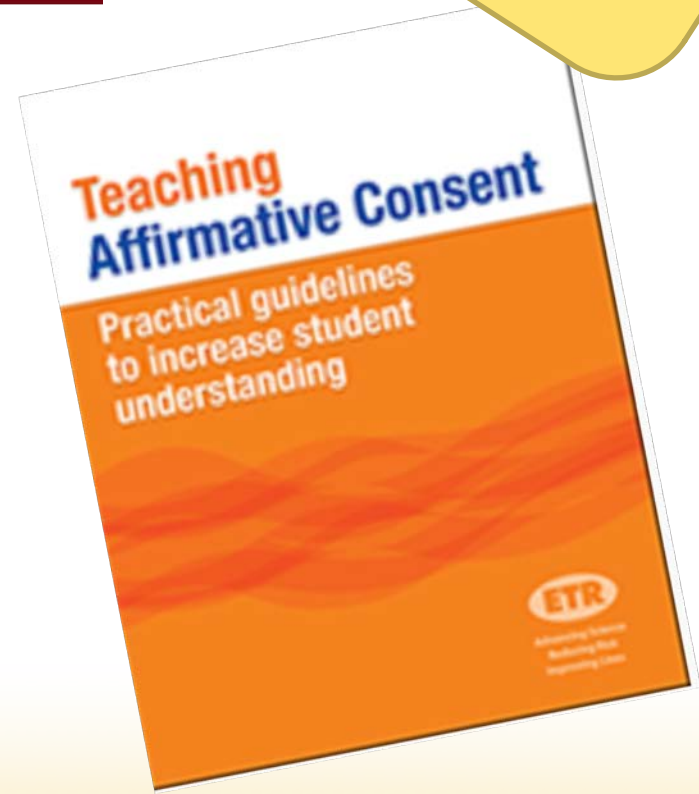


# High School



Sharing stories from  
the field.  
What comes up in a  
high school  
classroom?

- Amaze videos [here](#) and [here](#)
- ETR [Webinar on Teaching Consent](#) March 21





# Other fun resources

- Cycling through Consent
- Consent through sandwiches
- Let's Talk About Consent (developed for NYU students)



# Consent Traffic Lights

## Signs you should stop

- You or a partner are too intoxicated to gauge or give consent.
- Your partner is asleep or passed out.
- You hope your partner will say nothing and go with the flow.
- You intend to have sex by any means necessary.

## Signs You Should Pause and Talk

- You are not sure what the other person wants.
- You feel like you are getting mixed signals.
- You have not talked about what you want to do.
- You assume that you will do the same thing as before.
- Your partner stops or is not responsive.

## Keep Communicating

- Partners come to a mutual decision about how far they want to go.
- Partners clearly express their comfort with the situation.
- You feel comfortable and safe stopping at any time.
- Partners are excited!

[http://www.scarleteen.com/article/abuse\\_assault/drivers\\_ed\\_for\\_the\\_sexual\\_superhighway\\_navigating\\_consent](http://www.scarleteen.com/article/abuse_assault/drivers_ed_for_the_sexual_superhighway_navigating_consent)



# College and Young Adult

Pleasure Sandwich Time!!



Shouldn't we talk  
about "pleasure"  
when we talk about  
consent?

Promoting Sexual Health from ETR



# Change the ways we talk and teach about sex and consent for parents and teachers

- Al Vernaccio TED Talk: Sex as playing baseball vs making pizza
- Key message: communication doesn't "ruin the mood; it's sexy and it's and necessary!"
- Tips for teaching consent from pre-school to college!
- Great blog post about what to teach your son before he goes to college about treating partners with respect



# Thank you and Next Steps

- Feedback is extremely helpful
- Link to evaluation <https://tinyurl.com/y7lwhehl>
- Let us know if/when you use the materials and how it goes
- Link to call at [www.bacheinfo.org](http://www.bacheinfo.org)
- Next calls:
  - March 27: 4:30 pm (LGBTQ Inclusivity)
  - April 23: 4:00 pm (Strategies for Reaching Students with Special Needs)
  - May 7: 4:00 pm (Best Practices for Using Role Plays)
- We SO appreciate your work! Thank you!



# Contact Information



Heidi Winig, MEd, MPH  
Program Manager, Cardea Services  
[hwinig@cardeaservices.org](mailto:hwinig@cardeaservices.org)  
415-817-9167  
[www.bacheinfo.org](http://www.bacheinfo.org)  
[www.cardeaservices.org](http://www.cardeaservices.org)  
[@CardeaServices](#)